



A BINGDON

Menu ONE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Leek and potato	Minestrone	Creamy broccoli	Curried cauliflower	Winter vegetables	AMERICAN DINER	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	A selection of compound and simple salads	A selection of compound and simple salads	A selection of compound and simple salads	A selection of compound and simple salads	A selection of compound and simple salads	A selection of compound and simple salads	A selection of compound and simple salads
Main Meal	CLASSIC BRITISH Cumberland pork sausage with onion gravy	BELLA ITALIA Beef bolognaise Bacon carbonara Herb and garlic bread	MID-WEEK ROAST Glazed turkey crown with gravy	TASTE OF ASIA Malaysian chicken and coconut curry	CHIP SHOP Catch of the day Pie of the day Pork sausage	Breaded chicken burger	Chef's choice main meal
Plant Based Vegetarian	PLANT BASED Vegan sausages with onion gravy	VEGETARIAN Wild mushroom and parmesan risotto	PLANT BASED Vegan cheese and potato pie	VEGETARIAN Malaysian tofu and vegetable noodle stir-fry	PLANT BASED Vegetarian pie selection Vegan sausages	Breaded spiced bean burger	Chef's choice plant based vegetarian
Carbohydrate	Mashed potato	50 / 50 Penne paste	Roasted potato Steamed new potato	Steamed rice	Chunky chips	Roasted sweet potato	Chef's Choice
Vegetable ONE	Garden peas	Seasonal root vegetables	Cauliflower	Seasonal green vegetables	Garden peas Mushy peas	Cheesy coleslaw	Chef's choice
Vegetable TWO	Seasonal winter vegetables		Broccoli florets	Seasonal mixed vegetables	Sauteed greens		
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Cheese sauce Baked beans Chive sour cream	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Cheese sauce Baked beans Chive sour cream	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	Chef's choice	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots		
Warm / Cold Dessert	Plum and honey sponge with custard	Chocolate brownie with apricot compote	Blueberry and lemon cake with custard	Orange cake with chocolate sauce	Apple and berry crumble with custard	Homemade muffins	Chef's choice dessert



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Menu TWO	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Garden pea and mint	Sweetcorn chowder	Seasonal root vegetables	Carrot and coriander	Tomato and basil	TASTE OF ASIA	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection
Main Meal	TASTE OF FRANCE Chicken thighs with creamy mustard sauce	MEXICAN KITCHEN Beef chilli con carne	MID-WEEK ROAST Roast pork, apple sauce and gravy	TASTE OF ASIA Singapore curried chicken	CHIP SHOP Catch of the day Pie of the day Pork sausage	Pulled bulgogi pork with kimchi	Chef's choice main meal
Plant Based Vegetarian	VEGETARIAN Breaded spiced bean burger	PANT BASED Bean and vegetable chilli sin carne	VEGETARIAN Mushroom wellington	PLANT BASED Oriental vegetable and egg chow mein	VEGETARIAN Vegetarian pie selection Plant-based sausage	Pulled sweet and sour jackfruit	Chef's choice plant based vegetarian
Carbohydrate	Sliced potato	Braised red rice	Roasted potato Steamed new potato	Egg noodles	Chunky chips	Steamed rice	Chef's Choice
Vegetable ONE	Sweetcorn	Seasonal root vegetables	Carrots	Seasonal mixed vegetables	Garden peas Mushy peas	Oriental green vegetable	Chef's choice
Vegetable TWO	Seasonal winter vegetables	Roasted cauliflower	Seasonal green vegetables	Broccoli florets	Baked beans	Spring rolls	Chef's choice
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Grated cheese Baked beans	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Grated cheese Baked beans	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	Chef's choice	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots		
Warm / Cold Dessert	Syrup sponge with custard	Double chocolate cake with cream	Pear crumble with custard	Greek honey cake with yoghurt	Apple sponge and toffee sauce	Homemade muffins	Chef's choice dessert



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Menu THREE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Lentil and tomato	Tuscan beans	Creamy mushroom	Seasonal green vegetable	Cauliflower and cheese	MAMMA MIA	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection	Simple and mixed salad selection
Main Meal	TASTE OF GREECE Herb and lemon turkey souvlaki	BELLA ITALIA Pork meatballs in tomato sauce	MID-WEEK ROAST Marinated chicken with gravy	TASTE OF INDIA Mild butter chicken curry	CHIP SHOP Catch of the day Pie of the day Pork sausage	Meat feast pizza	Chef's choice main meal
Plant Based Vegetarian	VEGETARIAN Feta cheese and courgette fritter	PLANT BASED Gnocchi with mushroom and spinach	VEGETAIAN Cauliflower cheese bake	PLANT BASED Bombay potato and spinach curry	VEGETARIAN Vegetarian pie selection Vegan sausage	Mediterranean vegetable pizza	Chef's choice plant based vegetarian
Carbohydrate	Potato wedges	50 / 50 Pasta	Roasted potato Steamed new potato	Braised rice	Chunky chips	Garlic dough balls	Chef's Choice
Vegetable ONE	Roasted pepper and onions	Seasonal root vegetables	Green beans	Seasonal winter vegetables	Garden peas Mushy peas	Mediterranean vegetables	Chef's choice
Vegetable TWO	Seasonal green vegetables		Lemon courgettes	Seasonal mixed vegetables	Cauliflower	Baked beans	Italian garden salad
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	Chef's choice	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots		
Warm / Cold Dessert	Coconut sponge with custard	Black forest, chocolate cake, cherry and cream	Cinnamon cake with custard	Polenta cake with lemon mascarpone	Banana and toffee sponge with custard	Homemade muffins	Chef's choice dessert



Supper Week ONE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	TASTE OF CHINA	TASTE OF KOREA	CLASSIC BRITISH	BELLA ITALIA	TASTE OF INDIA	HOME COMFORTS	ROAST
Soup	Minted garden peas	Broccoli and cheese	Roasted cauliflower	Winter green vegetables	Oriental vegetable broth	Soup of the day	Soup of the day
Salad Bar & Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Hoisin beef bowl with spring onion	Korean barbecue pork	Breaded fish goujons with tartar sauce	Pork meatballs with tomato sauce	Malai creamy chicken curry	Beef burger with topping selection	Chef's choice main meal
Main Vegetarian Plant Based	Hoisin tofu and vegetable bowl	Korean barbecue jackfruit	Quorn plant-based nuggets	Spinach and ricotta tortellini	Spinach and potato curry	Quorn filet burger with topping selection	Chef's choice vegetarian
Carbohydrate	Egg fried rice	Bao Bun	Skinny fries	50 / 50 Pasta	Braised rice	Baked potato wedges	Roasted potato
Vegetables	Oriental greens	Asian pickled slaw	Garden peas	Couchette	Cauliflower	Mini corn cob	Seasonal vegetables
Why not	Mini spring rolls	Korean vegetable noodles	Sticky chicken wings	Garlic and herb slice	Mini samosas	Chef's choice... why not	Chef's choice... why not
Whole Fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots
Warm / Cold Dessert	Ring doughnuts	Tropical fruit and yoghurt pots	Chocolate tarts	Vanilla cheesecake pots	Whoopie pie	Chef's choice dessert	Chef's choice dessert



Supper Week TWO	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	TASTE OF CHINA	AMERICAN DINER	TASTE OF JAPAN	MEZZE FEAST	TASTE OF THAILAND	HOME COMFORTS	ROAST
Soup	Sweetcorn and egg chowder	Spinach and cauliflower	Carrot and ginger	Oriental vegetables	Seasonal root vegetables	Soup of the day	Soup of the day
Salad Bar & Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Car siu pork chop	Slow-cooked barbecue chicken	Katsu fish curry	Chicken shawarma	Thai jungle beef curry	Pepperoni tomato and cheese pizza	Chef's choice main meal
Main Vegetarian Plant Based	Car sui marinated tofu	Breaded quorn filet	Katsu tofu curry	Harissa halloumi and vegetables	Thai jungle oriental vegetable curry	Margarita tomato and cheese pizza	Chef's choice vegetarian plant based
Carbohydrate	Stir-fried egg noodles	Potato wedges	Sticky rice	Diced potato	Steamed rice	Cheesy pasta bake	Roasted potato
Vegetables	Broccoli	Mini corn cobs	Garden peas	Garlic fine beans	Asian greens	Italian green salad	Seasonal vegetables
Why not	Mini spring rolls	Cauliflower wings	Peri-peri chicken	Falafel with dip	Sriracha quorn dippers	Chef's choice... why not	Chef's choice... why not
Whole Fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots
Warm / Cold Dessert	Yam yam	Winter berries and yoghurt pots	Lemon tart	Vanilla cheesecake pots	Smores cookie bar	Chef's choice dessert	Chef's choice dessert



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Supper Week THREE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	TASTE OF CHINA	MEXICAN KITCHEN	BELLA ITALIA	EASTERN EUROPE	TASTE OF VIETNAM	HOME COMFORTS	ROAST
Soup	Winter green vegetables	Creamy courgette	Tomato and basil	Curried cauliflower	Bean and chickpeas	Soup of the day	Soup of the day
Salad Bar & Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Sweet and sour pork	Chipotle chicken	Creamy salmon and lemon oil	Bigos pork and cabbage stew	Com ga chicken and lemongrass	Hot dog with topping selection	Chef's choice main meal
Main Vegetarian Plant Based	Sweet and sour quorn nuggets	Jackfruit and pineapple skewer	Meatless bolognaise	Pancakes, sour cream and cheese	Stir-fried tofu and mushrooms	No meat hot dog with topping selection	Chef's choice vegetarian plant based
Carbohydrate	Steamed rice	Spiced sweet potato	50 / 50 Pasta	New potato	Coconut rice	Skinny fries	Roasted potato
Vegetables	Stir-fried vegetables	Sweetcorn	Garlic and herb slice	Roasted beetroot	Pickled vegetable	Creamy slaw	Seasonal vegetables
Why not	Mini spring rolls	Loaded nachos	Barbecue chicken bites	Mac n cheese bites	Vietnamese omelette	Chef's choice... why not	Chef's choice... why not
Whole Fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots
Warm / Cold Dessert	Chocolate éclair	Spiced apple and yoghurt pots	Baked custard tart	Raspberry cheesecake pots	Rocky road	Chef's choice dessert	Chef's choice dessert