



Manu ONE	Monday	Tuondey	Modpoodey	Thursday	Evident		Sunday
Menu ONE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Carrot and coriander	Tomato and basil	Mushroom and thyme	Autumn vegetable	Leek and potato	BELLA ITALIA	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	Simple and mixed	Simple and mixed	Simple and mixed	Simple and mixed	Simple and mixed	Simple and mixed	Simple and mixed
	salad selection	salad selection	salad selection	salad selection	salad selection	salad selection	salad selection
Main Meal	Pad Thai chicken	Beef bourguignon	Lemon and thyme glazed chicken with gravy	Lamb and chickpea tagine	Barbecue pulled pork	Meat feast pizza	Chef's choice main meal
	PLANT BASED	VEGETARIAN	PLANT BASED	VEGETARIAN	PLANT BASED	VEGETARIAN	
Plant Based	Mediterranean	Cauliflower macaroni	Teriyaki tofu with	Bubble n squeak pattie	Sweet potato and	Mediterranean	Chef's choice
Vegetarian	vegetable paella	and cheese	noodles	with a poached egg	pepper frittata	vegetable pizza	plant based vegetarian
Carbohydrate	Egg noodles	Braised Rice	Roast potatoes	Herb cous cous	Baked potato wedges	Garlic dough balls	Chef's Choice
Vegetable ONE	Roasted peppers	Seasonal mixed vegetables	Roasted carrots	Seasonal mixed vegetables	Corn ribs	Mediterranean vegetables	Chef's choice
Vegetable TWO	Seasonal green vegetables	Savoy cabbage	Seasonal green vegetables	Courgettes	Seasonal green vegetables	Italian garden salad	Chef's choice
	PASTA BAR	JACKET POTATO BAR	PASTA BAR	JACKET POTATO BAR	PASTA BAR		
	Chef's choice sauce	Chef's choice topping	Chef's choice sauce	Chef's choice topping	Chef's choice sauce		
Fast Track	Rich tomato sauce	Tuna mayonnaise	Rich tomato sauce	Tuna mayonnaise	Rich tomato sauce		
	Grated cheese	Baked beans	Grated cheese	Baked beans	Grated cheese	Chef's choice	Chef's choice
	Basil pesto	Grated cheese	Basil pesto	Grated cheese	Basil pesto		
	Selection of whole fruit,	Selection of whole fruit,	Selection of whole fruit,	Selection of whole fruit,	Selection of whole fruit,	Selection of whole fruit,	Selection of whole fruit,
Grab & Go	dessert / yoghurt with	dessert / yoghurt with	dessert / yoghurt with	dessert / yoghurt with	dessert / yoghurt with	dessert / yoghurt with	dessert / yoghurt with
	topping pots, jelly pots	topping pots, jelly pots	topping pots, jelly pots	topping pots, jelly pots	topping pots, jelly pots	topping pots, jelly pots	topping pots, jelly pots
Warm / Cold	Cinnamon cake with	Maple apple pie with	Baked cheesecake with	Chocolate sponge with	Treacle tart with cream	Homemade muffins	Chef's choice dessert
Dessert	apple compote	custard	forest fruit coulis	chocolate sauce	Treacte tart with cream	nomemude mullins	Chers Choice dessert





Harira tomato and lentil Bread and croutons Simple and mixed solad selection s	Menu TWO	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Simple and mixed solad selection Simple and chirty Tokatsu chicken burger Punt BASED Cquilifover Mint c	Homemade	Harira tomato and lentil	Sweetcorn chowder	Onion, vegan cream and	Super green vegetables	Butternut squash and		
Simple and mixed solad selection Selection Torkatsu chicken burger Pulled barbecue pork Chef's choice main methods Cauliflower wings Chef's choice solate Seasonal mixed solad Simple and mixed solad selection Simple and mixed solad selection Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots Simple and mixed solad selection of whole fruit, dessert / yoghurt with topping pots, jelly pots Simple and mixed solad selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Soup	riama tornato ana iontii	owedtoom chowder	cheese	ouper green vegetables	sage	AMERICAN DINER	BRUNCH
selection select	Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
ain Meal Jamaican jerk chicken curry Braised steak and curry with frauy tomato PANT BASED VEGETARIAN PLANT BASED VEGETARIAN PLANT BASED VEGETARIAN PLANT BASED Asian vegetable ramen selection Part Based agetarian Part Based Part Based and compared fritters with tomato salsa pepter in the compa	Salad Island	Simple and mixed salad	Simple and mixed salad	Simple and mixed salad	Simple and mixed salad	Simple and mixed salad	Simple and mixed salad	Simple and mixed salad
PANT BASED PASTA BAR PASTA BAR Chef's choice topping PASTA BAR Chef	Salaa Islana	selection	selection	selection	selection	selection	selection	selection
PANT BASED PASTA BAR PASTA BAR Chef's choice topping PASTA BAR Chef								
PANT BASED VEGETARIAN PLANT BASED Council control contr	Main Meal	Ť		, 0	,	Tonkatsu chicken burger	Pulled barbecue pork	Chef's choice main meal
Maple and chilli glazed quorn burger fritters with tomato salsa Parships Parships Seasonal green vegetables Part BAR Chef's choice Scauce Grated cheese Basil pesto Baked beans Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots signly pots si		curry	musnroom pie	turkey with gravy	tomato			
Asian vegetable and chilling sizzed quern burger fritters with tomato salsa plant based vegetables Seasonal fries peper lasagne plant based vegetables Seasonal mixed vegetables Seasonal green vegetables PASTA BAR PASTA BAR PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Grated cheese Grated cheese Basil pesto Basil pesto Baked beans Basil pesto Selection of whole fruit, dessert / yoghurt with dessert / yoghurt with topping pots, jelly pots topping pots, jelly pots topping pots, jelly pots Asian vegetables spains of meteric tentils, spinted and Caulifower plants and pepper lasagne plant based vegetables Cauliflower Mini corn cobs Chef's choice vegetables Cauliflower Mini corn cobs Chef's choice vegetables Cauliflower Mini corn cobs Chef's choice vegetables Caesar salad Chef's choice vegetables Caesar salad Chef's choice concerving Chef's choice topping Chef's choice topping Chef's choice topping Chef's choice topping Chef's choice sauce Grated cheese Total cheese Grated cheese Total cheese Grated cheese		PANT BASED	VEGETARIAN	PLANT BASED	VEGETARIAN	PLANT BASED		
According to the proper lates of the proper la	Plant Based	Maple and chilli glazed	Courgette and tofu	Asian vegetable ramen	Spanish omelette	Lentil, spinach and	Cauliflower wings	Chef's choice
Seasonal mixed vegetables Seasonal green vegetables Parsnips Seasonal green vegetables Parsnips Seasonal green vegetables Pasta Bar Chef's choice topping Rich tomato sauce Grated cheese Basil pesto Baked beans Selection of whole fruit, dessert / yoghurt with dessert / yoghurt with topping pots, jelly pots Topping pots, jelly pots Seasonal mixed vegetables Cauliflower Mini corn cobs Chef's choice Mini corn cobs Chef's choice Caesar salad Chef's choice Vegetables Caesar salad Chef's choice Chef's choice topping Chef's choice topping Chef's choice sauce Chef's choice sauce Grated cheese Grated cheese Grated cheese Basil pesto Selection of whole fruit, Selection of whole fruit, dessert / yoghurt with dessert / yoghurt	Vegetarian	quorn burger	fritters with tomato salsa			pepper lasagne		plant based vegetarian
Seasonal mixed vegetables Seasonal green vegetables Parsnips Seasonal green vegetables Parsnips Seasonal green vegetables Pasta Bar Chef's choice topping Rich tomato sauce Grated cheese Basil pesto Baked beans Selection of whole fruit, dessert / yoghurt with dessert / yoghurt with topping pots, jelly pots Topping pots, jelly pots Seasonal mixed vegetables Cauliflower Mini corn cobs Chef's choice Mini corn cobs Chef's choice Caesar salad Chef's choice Vegetables Caesar salad Chef's choice Chef's choice topping Chef's choice topping Chef's choice sauce Chef's choice sauce Grated cheese Grated cheese Grated cheese Basil pesto Selection of whole fruit, Selection of whole fruit, dessert / yoghurt with dessert / yoghurt								
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Vegetables Seasonal green Vegetables PASTA BAR Vegetables PASTA BAR Chef's choice sauce Chef's choice topping Rich tomato sauce Grated cheese Basil pesto Baked beans Basil pesto Baked beans Basil pesto Baked beans Seasonal green Vegetables Seasonal green Vegetables Vegetables Vegetables Vegetables Seasonal green Caesar salad Chef's choice Chef's choice sauce Chef's choice sauce Chef's choice sauce Grated cheese Basil pesto Selection of whole fruit, Vegetables Caesar salad Chef's choice Chef's choice Chef's choice Chef's choice sauce Chef's choice sauce Basil pesto Basil pesto Basil pesto Selection of whole fruit, Selection of w	Veaetable ONE	Sweetcorn	Seasonal mixed	Parsnips	Seasonal mixed	Cauliflower	Mini corn cobs	Chef's choice
Red cabbage Vegetables Vegetables Vegetables Vegetables Vegetables Vegetables Vegetables Vegetables Caesar salad Chef's choice Vegetables Chef's choice Vegetables Caesar salad Chef's choice Chef's choice Vegetables Vegetables Vegetables Chef's choice Vegetables Vegetables Chef's choice Vegetables Vegetables Chef's choice Vegetables Chef's choice Chef's choice Chef's choice sauce Rich tomato sauce Grated cheese Grated cheese Basil pesto Baked beans Selection of whole fruit, Selection of whole			vegetables	·	vegetables			
PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots Topping pots, jelly pots PASTA BAR JACKET POTATO BAR PASTA BAR Chef's choice sauce Chef's choice topping Chef's choice sauce Chef's choice topping Chef's choice sauce Rich tomato sauce Grated cheese Grated cheese Grated cheese Grated cheese Grated cheese Basil pesto Selection of whole fruit, dessert / yoghurt with Selection of whole fruit, topping pots, jelly pots Topping pots, jelly pots Tuna mayonnaise Rich tomato sauce Grated cheese Grated cheese Grated cheese Grated cheese Basil pesto Baked beans Basil pesto Selection of whole fruit, Selection of whole fruit, Selection of whole fruit, dessert / yoghurt with Selection of whole fruit, topping pots, jelly pots	Vegetable TWO	· ·	Red cabbage	-	Courgettes	· ·	Caesar salad	Chef's choice
Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots Chef's choice sauce Chef's choice sauce Rich tomato sauce Grated cheese Grated cheese Grated cheese Basil pesto Baked beans Basil pesto Selection of whole fruit, dessert / yoghurt with dessert / yoghurt with topping pots, jelly pots Topping pots, jelly pots Chef's choice Sauce Rich tomato sauce Rich tomato sauce Rich tomato sauce Grated cheese Basil pesto Baked beans Basil pesto Selection of whole fruit, Selection of whole fruit, dessert / yoghurt with dessert / yoghurt with topping pots, jelly pots		Ţ.		Ū		-		
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Basil pesto Baked beans Basil pesto Baked beans Basil pesto Baked beans Basil pesto Baked beans Basil pesto Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots Baked beans Basil pesto Baked beans Basil pesto Baked beans Basil pesto Baked beans Basil pesto Selection of whole fruit, dessert / yoghurt with dessert / yoghurt with topping pots, jelly pots basil pesto Baked beans Basil pesto Selection of whole fruit, dessert / yoghurt with dessert / yoghurt with topping pots, jelly pots basil pesto Baked beans Basil pesto Selection of whole fruit, basil pesto Selection of whole f	Fast Track	Rich tomato sauce	Tuna mayonnaise	Rich tomato sauce	Tuna mayonnaise	Rich tomato sauce	Chef's choice	Chef's choice
Selection of whole fruit, Selection of whole		Grated cheese	Grated cheese	Grated cheese	Grated cheese	Grated cheese		
dessert / yoghurt with		Basil pesto	Baked beans	Basil pesto	Baked beans	Basil pesto		
topping pots, jelly pots		Selection of whole fruit,	,	Selection of whole fruit,				
	Grab & Go	dessert / yoghurt with	dessert / yoghurt with	dessert / yoghurt with	dessert / yoghurt with	dessert / yoghurt with	dessert / yoghurt with	dessert / yoghurt with
		topping pots, jelly pots	topping pots, jelly pots	topping pots, jelly pots	topping pots, jelly pots	topping pots, jelly pots	topping pots, jelly pots	topping pots, jelly pots
Coconut sponge with Pear crumble with Greek honey cake with Warm spiced apple Salted chocolate brownie Homemade muffins Chef's choice desser	Warm / Cold	Coconut sponge with	Pear crumble with	Greek honey cake with	Warm spiced apple	Salted chocolate brownie	Homemade muffins	Chef's choice dessert
	Dessert	tropical fruit compote	custard	yoghurt	sponge and toffee sauce	with cream	Homemade maiiils	5.1013 G10106 G63361 C





Menu THREE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Minestrone	Sweet potato and coconut	Autumn green vegetables	Curried cauliflower	Roasted root vegetables	MEXICAN KITCHEN	BRUNCH
Baked Daily	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons	Bread and croutons		
Salad Island	A selection of compound and simple salads	A selection of compound and simple salads	A selection of compound and simple salads	A selection of compound and simple salads	A selection of compound and simple salads	A selection of compound and simple salads	A selection of compound and simple salads
Main Meal	Korean barbecue pork	Traditional beef lasagne	Treacle glazed gammon with gravy	African yassa chicken	Ultimate fish and tartar sauce sandwich	Barbacoa slow-cooked chicken	Chef's choice main meal
Plant Based Vegetarian	PLANT BASED Mediterranean vegetable crumble	VEGETARIAN Pumpkin and goat's cheese risotto	PLANT BASED Falafel and pickled vegetable flatbread	VEGETARIAN Four cheese tortellini	PLANT BASED Buffalo cauliflower wings	Baked loaded nachos	Chef's choice plant based
Carbohydrate	Jasmine rice	Garlic bread	Roast potatoes	Green rice	Diced potato	Green rice	Chef's Choice
Vegetable ONE	Oriental stir-fry vegetables	Seasonal mixed vegetables	Cauliflower	Seasonal mixed vegetables	Mushy peas	Mixed spiced peppers	Chef's choice
Vegetable TWO	Seasonal green vegetables	Savoy cabbage	Seasonal green vegetables	Sauteed kale	Seasonal green vegetables	Mexican bean salad	Chef's choice
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	Chef's choice	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots
Warm / Cold Dessert	Orange cake and cranberry sauce	Sticky date and ginger sponge with custard	Black forest sponge with cherry compote	Spiced apple crumble with custard	Chocolate tiffin with cream	Homemade muffins	Chef's choice dessert





Supper Week ONE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	MEZZE FEAT	MEXICAN KITCHEN	BANH MI	BELLA ITALIA	CHINESE BUFFET	HOME COMFORTS	ROAST
Salad Bar & Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Slow cooked harissa lamb	Chicken tacos	Vietnamese fish finger sandwich with pickled vegetables	Pork saltimbocca with sage sauce	Hosin beef stir-fry	Sausage with red onion gravy	Chef's choice main meal
Main Vegetarian Plant Based	Butternut squash tagine	Vegetable and soya fajitas	Sweetcorn fritter with dipping sauce	Spinach and ricotta pasta	Miso glazed aubergine	Root vegetable pie	Chef's choice vegetarian
Carbohydrate	Sweet potato wedges	Spiced rice	Egg noodles	Garlic bread	Egg noodles	Creamy mashed potato	Roasted potato
Vegetables	Grilled aubergine	Corn on the cob	Charred broccoli	Butternut squash	Sugar snap peas	Carrots	Seasonal vegetables
Grab & Go	Special fried oriental vegetable rice	Mac n cheese with crispy onion	Riso al forno baked rice	Crispy sweet n sour tofu with noodles	Vegetable spring rolls	Falafel with humous and pita bread	Chef's choice grab & go
Whole Fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots
Warm / Cold Dessert	Autumn fruit salad	Chocolate tart	Cinnamon buns	Mixed berry fool	Whoopie pies	Malteser traybake	Chef's choice





Supper Week TWO	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	SOUTH AMERICA	AMERICAN DINER	CLASSIC BRITISH	MEZZE FEAST	THAI BUFFET	HOME COMFORTS	ROAST
Salad Bar & Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Choripan with chimichurri	BBQ chicken wings	Baked haddock fishcakes with dill sauce	Chicken shawarma	Beef massaman curry	Chicken pie with pastry lid	Chef's choice main meal
Main Vegetarian Plant Based	Mixed bean enchiladas	Quorn crispy wings	Broccoli and blue cheese tart	Harissa vegetable skewers	Thai green oriental vegetable curry	White bean fricassee	Chef's choice vegetarian plant based
Carbohydrate	Diced potato	Sweet potato fries	Herb and garlic bread	tabouleh cous cous	Steamed rice	Mashed potato	Roasted potato
Vegetables	Broccoli	Corn ribs	Garden peas	Garlic fine beans	Asian greens	Sauteed greens	Seasonal vegetables
Grab & Go	Crispy battered vegetables	Vegetable pilau rice	Spanish baked eggs	Tomato and cheese pasta bake	Vegetable samosas	American cheese melt sub roll	Chef's choice grab & go
Whole Fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots
Warm / Cold Dessert	Autumn fruit salad	Lemon posset	Filled choux buns	Apple strudel	Carrot cake	Giant Viennese whirls	Chef's choice





Supper Week THREE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	MEXICAN KITCHEN	AMERICAN DINER	BELLA ITALIA	REAL GREEK	JAPANESE BUFFET	HOME COMFORTS	ROAST
Salad Bar & Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Beef burritos	Smoked sausage hotdogs with onions	Tuna pasta bake	Pork souvlaki	Katsu chicken curry	Sheppard's lamb pie	Chef's choice main meal
Main Vegetarian Plant Based	Blackened cauliflower and bean taco	Quorn hotdogs with onions	Spiced arrabiata	Stuffed bell pepper topped with feta	Tempura tofu and vegetable	Red lentil pie	Chef's choice vegetarian plant based
Carbohydrate	Spiced sweet potato	Skin on fries	Herb and garlic slice	Diced potato	Sticky rice	50/50 pasta	Roasted potato
Vegetables	Spiced corn	Sauerkraut	Roast parsnips and swede	Glazed carrots	Asian greens	Peppers and courgettes	Seasonal vegetables
Grab & Go	Courgette, cherry tomato and red onion frittata	Vegetable chow mein	Hong Kong fried rice	Goats cheese and red onion tarts	Vegetable kakiage	Caprese tomato, mozzarella and basil panini	Chef's choice grab & go
Whole Fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots
Warm / Cold Dessert	Ice cream sundae	White chocolate blondie	Pumpkin toffee cake	Chocolate muffins	Lemon and raspberry tart	Belgium waffles with chocolate sauce	Chef's choice