



ABINGDON

Menu ONE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Carrot and coriander	Pea and mint	Mushroom and thyme	Miso broth	Tomato and basil	STAYCATION	BRUNCH
Bread Selection	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily		
Salad Bar and Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	TASTE OF INDIA Chicken tikka masala with mint raita	TEX-MEX Beef chilli con carne with sour cream	MID-WEEK ROAST Roast chicken drumstick and thigh with gravy	TASTE OF ASIA Vietnamese lemongrass pork	FOOD HERO Hotdog with topping and sauce selection	AMERICAN DINER Barbecue pulled beef brioche bun	MAIN MEAL Chef's choice
Main Vegetarian	PLANT BASED Onion bhaji fritter with mango chutney	HEALTHY CHOICE Sweet potato jambalaya	MEAT-FREE Blue cheese and mushroom quiche	PLANT BASED Teriyaki tofu stir-fry	HEALTHY CHOICE Grilled feta and bell pepper flatbread	PLANT BASED Mixed bean, sweetcorn and peppers taco	MEAT-FREE Chef's choice
Carbohydrate	Braised rice	Potato wedges	Roasted potatoes	Egg noodles	Skin on fries	Crushed sweet potatoes	Chef's choice
Vegetables	Cauliflower and spinach	Sweetcorn and peppers	Seasonal vegetables	Aromatic carrots	Green beans	Corn ribs	Chef's choice
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	GRAB & GO Classic mac 'n' cheese	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots
Warm / Cold Dessert	Summer fruit crumble with vegan cream	Iced dark chocolate orange cake	Vanilla cream tart with strawberry compote	Marble sponge with chocolate sauce	Lemon curd sponge	Chocolate chip flapjack	Chef's choice



ABINGDON

Menu TWO	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Hot and sour broth	Red pepper and tomato	Watercress and potato	Tomato, chickpea and harissa	Butternut squash	STAYCATION	Brunch
Bread Selection	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily		
Salad Bar and Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and	A selection of compound and simple salads with dips and
Main Meal	TASTE OF ASIA Thai red chicken curry	BELLA ITALIA Traditional beef lasagne	ROAST Honey glazed gammon with gravy	FEAST – MEZZE Moroccan lamb pastilla	FOOD HERO Southern fried chicken burger in a soft bap	REAL GREEK Spiced chicken gyros	MAIN MEAL Chef's choice
Main Vegetarian	PLANT BASED Korean barbecue tofu	HEALTHY CHOICE Spring green risotto	MEAT FREE Sweet potato cake with poached egg	PLANT BASED Aubergine and bean stew	HEALTHY CHOICE Baked feta cheese, honey and oregano	PLANTBASED Roasted mushroom and vegetable gyros	MEAT-FREE Chef's choice
Carbohydrate	Steamed rice	Garlic and herb slice	Roasted potatoes	Scented rice	Baked potato wedges	Braised rice	Chef's choice
Vegetables	Oriental vegetables	Roasted courgette and red onion	Seasonal vegetables	Spiced carrots	Corn on the cob	Greek salad	Chef's choice
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Grated cheese Baked beans	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Grated cheese Baked beans	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	Mushroom chow mein	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots
Warm / Cold Dessert	Rhubarb and apple crumble with vegan cream	Coconut sponge with raspberry jam	Sticky toffee pudding with toffee sauce	Chocolate brownie with chocolate sauce	Lemon cake with blueberry sauce	Iced chocolate sponge	Chef's choice



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Menu THREE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade Soup	Laksa noodle broth	Leek and potato	Cream of sweetcorn	Courgette, pea and pesto	Cauliflower and cheese	STAYCATION	BRUCNH
Bread Selection	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily	Bread and croutons baked fresh daily		
Salad Bar and Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	TASTE OF ASIA Malaysian chicken NO NUT satay	BRITISH CLASSICS Cumberland pork sausages with gravy	MID-WEEK ROAST Roasted turkey breast with gravy	BELLA ITALIA Chicken tomato, pepper and olives	FISH FRIDAY Battered pollock with tartar sauce	SUBWAY Chipotle chicken sub	MAIN MEAL Chef's choice
Main Vegetarian	PLANT BASED Malaysian tofu and vegetable curry	MEAT-FREE Gnocchi, spinach, roasted peppers and basil pesto	HEALTHY CHOICE Baked field mushroom topped with a herb crumb	MEAT-FREE Tortelloni formaggio	PLANT BASED Chickpea and courgette fritter	MEAT-FREE Tex-mex vegetable and cheese melt sub	HEALTHY CHOICE Chef's choice
Carbohydrate	Coconut rice	Mashed potatoes	Roast potatoes	50 / 50 pasta	Chunky chips	Baked potato wedges	Chef's choice
Vegetables	Sauteed green beans	Broccoli	Seasonal vegetable medley	Glazed carrots	Garden peas Mushy peas	Spiced crunchy slaw	Chef's choice
Fast Track	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	JACKET POTATO BAR Chef's choice topping Tuna mayonnaise Baked beans Grated cheese	PASTA BAR Chef's choice sauce Rich tomato sauce Grated cheese Basil pesto	GRAB & GO Four cheese pasta bake	Chef's choice
Grab & Go	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots	Selection of whole fruit, dessert / yoghurt with topping pots, jelly pots
Warm / Cold Dessert	Cherry and apple crumble with vegan cream	Banana cake with caramel sauce	Carrot cake with cream cheese frosting	White chocolate sponge with chocolate sauce	Pineapple tarte tan with coconut cream	Chocolate cornflake cake	Chef choice



ABINGDON

Supper Week ONE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	FEAST - MEZZE	SMOKEHOUSE	MEXICAN KITCHEN	BELLA ITALIA	AL FRESCO	SUMMER VIBES	ROAST
Salad Bar and Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Lebanese lamb loaded flatbread	Smokey maple barbecue chicken	Beef and mixed bean tacos	Pork meatballs in a rich tomato sauce	Grilled chicken Caesar salad	Sticky pork ribs	Chefs roast of the day
Main Vegetarian / Vegan	Vegetable and chickpea tagine	Sweet potato, sundried tomato and smoked cheese frittata	Pepper, mixed bean and spiced cheese tacos	Spinach and mushroom lasagne	Grilled halloumi Caesar salad	Tempura battered vegetables with sweet chilli dip	Chefs choice
Carbohydrate	Tabbouleh couscous	Curly fries	Green rice	Penne pasta	Garlic and herb slice	Egg fried rice	Roast potatoes
Vegetables	Roasted aubergine and peppers	Roasted broccoli	Corn on the cob	Green beans	Creamy slaw	Sauteed pak choi	Cauliflower and broccoli cheese
Grab & go	Mushroom and soya bean noodles	Special egg fried rice	Mac 'n' cheese bites	Vegetable chow mein	Vegetable biryani	Mini vegetable spring rolls	
Whole fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots
Warm / Cold Dessert	Ice cream and sorbet	Eton mess	Seasonal fruit salad	Mandarin cheesecake	Chocolate mousse	Apple pie with cream	Chefs choice TREAT



ABINGDON

Supper Week TWO

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	AMERICAN DINER	TASTE OF JAPAN	TEX-MEX	FEAST - MEZZE	AL FRESCO	SUMMER VIBES	ROAST
Salad Bar and Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Pulled barbecue pork	Katsu breaded chicken with curry sauce	Beef enchiladas	Lebanese chicken in khobez wrap	Bacon and blue cheese cobb salad	Lamb and mint burgers	Chefs choice
Main Vegetarian / Vegan	Barbecue jack fruit	Miso glazed egg plant	Cauliflower and corn tacos	Falafel in khobez wrap	Avocado and egg cobb salad	Quorn burger with harissa mayo	Chefs choice
Carbohydrate	Cheesy mashed potatoes	Steamed rice	Coriander rice	Roasted sweet potatoes	Dough balls	Herby diced potatoes	Roast potatoes
Vegetables	Spring greens	Oriental vegetables	Mexican bean salad	Harissa spiced cauliflower	Spiced slaw	Roasted Mediterranean vegetables	Roasted carrots and courgettes
Grab and Go	Mushroom ramen broth	Mushroom ravioli	Korean vegetable pancake	Vegetable egg fried rice	Vegetable pad thai with glass noodles	Pasta with red pepper and tomato sauce	
Whole fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Plain carrots
Warm / Cold Dessert	Ice cream and sorbet	Summer berry fool	Seasonal fruit salad	New York baked cheesecake	Banoffee pie	Cherry pie with cream	Chefs choice

Supper Week THREE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Theme	TASTE OF ASIA	ANGRY BIRD	BELLA ITAIA	FEAST - MEZZE	AL FRESCO	SUMMER VIBES	ROAST
Salad Bar and Dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings	A selection of compound and simple salads with dips and dressings
Main Meal	Korean bulgogi barbecue beef	Peri peri chicken wings	Meat feast pizza	Slow cooked lamb tagine	Chicken nacho loaded salad	Crispy chilli beef	Chefs choice
Main Vegetarian / Vegan	Oriental vegetable stir-fry	Peri peri cauliflower wings	Margarita pizza	Roasted cauliflower steak	Mexican avocado and cheese salad	Sweet and sour vegetables	Chefs choice
Carbohydrate	Egg noodles	Curly fries	Loaded potato skins	Cinnamon scented rice	Soft tortilla wrap	Egg noodles	Roast potatoes
Vegetables	Five spiced carrots	Roasted butternut squash	Sauteed courgettes	Moroccan beetroot salad	Mexican slaw	Sauteed baby corn and mange tout	Roasted vegetables
Fast Track	Courgette and red onion frittata	Vegetable chow mein	Soy bean fried rice	Thai stir-fried noodles	Korean bibimbap rice bowl	Vegetable gumbo	
Whole fruit	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots	Selection of whole and cut fruit, yoghurts with topping pots, jelly pots
Warm / Cold Dessert	Ice cream and sorbet	Cake pops	Seasonal fruit salad	Vanilla cheesecake	Coconut macarons	Summer fruit pie with cream	Chefs choice