

WEEK 1 MENU

Monday

Butternut Squash Soup
Fresh homemade bread

Sausages
Or
Veggie Sausages

Mixed Seasonal Vegetables
Crispy Diced Potatoes

Jacket potato with Cheese, baked beans, tuna

Baguettes & wraps
Salad bar

Strawberry Mouse

Daily Selection of yoghurt & jelly
Fresh cut or whole fruit

Tuesday

Seasonal Vegetable Soup
Fresh homemade bread

Katsu Chicken
Or
Quorn Katsu

Curry Sauce
Rice
Green Beans

Jacket potato with Cheese, baked beans, tuna

Baguettes & wraps
Salad bar

Summer Fruit Crumble & Custard

Daily Selection of yoghurt & jelly
Fresh cut or whole fruit

Wednesday

Tomato Soup
Fresh homemade bread

Pasta bar with Meat Balls
Or
Nut Free Pesto

Garlic bread
Sweet corn

Jacket potato with Cheese, baked beans, tuna

Baguettes & wraps
Salad bar

Ice cream bar

Daily Selection of yoghurt & jelly
Fresh cut or whole fruit

Thursday

Roasted Pepper Soup
Fresh homemade bread

Mild Chicken Curry
Or
Sweet Potato & Spinach Curry

Rice
Naan
Cauliflower & Broccoli

Jacket potato with Cheese, baked beans, tuna

Baguettes & wraps
Salad bar

Fruit Trifle

Daily Selection of yoghurt & jelly
Fresh cut or whole fruit

Friday

Roasted Sweet Potato & Carrot Soup
Fresh homemade bread

Hot Dogs
Or
Veggie Hot Dogs

Chunky Chips
Peas
Baked Beans

Jacket potato with Cheese, tuna

Baguettes & wraps
Salad bar

Marshmallow Crispy Cake

Daily Selection of yoghurt & jelly
Fresh cut or whole fruit

Allergy information available on request



WEEK 2 MENU

Monday

Spring Vegetable Soup
Fresh homemade bread

Chilli Beef Nachos
Or
Chilli Veggie Nachos

Cajun Rice
Tomato Salsa
Corn on the Cob

Jacket potato with
Cheese, baked beans, tuna

Baguettes & wraps
Salad bar

Profiteroles

Daily Selection of yoghurt
& jelly
Fresh cut or whole fruit

Tuesday

French Onion Soup
Fresh homemade bread

Pork Sausages
or
Cheese & Broccoli Quiche

Roasted New Potatoes
Green Beans

Jacket potato with
Cheese, baked beans, tuna

Baguettes & wraps
Salad bar

Apple Crumble & Custard

Daily Selection of yoghurt
& jelly
Fresh cut or whole fruit

Wednesday

Tomato & Basil Soup
Fresh homemade bread

Pasta bar with
Creamy Chicken &
Broccoli
Or

Arrabbiata

Garlic bread
Carrot batons

Jacket potato with
Cheese, baked beans, tuna

Baguettes & wraps
Salad bar

Eton Mess

Daily Selection of yoghurt
& jelly
Fresh cut or whole fruit

Thursday

Carrot & Coriander
Fresh homemade bread

Chicken Fajitas
Or
Roasted Vegetable
Gnocchi in Pesto

Crispy Diced Potatoes
Broccoli

Jacket potato with
Cheese, baked beans,
tuna

Baguettes & wraps
Salad bar

Marble Sponge
& Custard

Daily Selection of yoghurt
& jelly
Fresh cut or whole fruit

Friday

Broccoli Soup
Fresh homemade bread

Homemade meat pizza
Or
Margherita pizza

Potato wedges
Baked Beans
Peas

Jacket potato with
Cheese, baked beans,
tuna

Baguettes & wraps
Salad bar

Ice Cream Bar

Daily Selection of
yoghurt & jelly
Fresh cut or whole fruit

Allergy information available on request



WEEK 3 MENU

Abingdon Preparatory School

Monday

Hot & Sour Soup
Fresh homemade bread

Sweet & Sour Chicken
Or
Vegetable Sweet & Sour

Noodles
Sweetcorn

Jacket potato with
Cheese, baked beans,
tuna

Baguettes & wraps
Salad bar

Treacle Sponge &
Custard

Daily Selection of
yoghurt & jelly
Fresh cut or whole fruit

Tuesday

Chicken & Noodle Soup
Fresh homemade bread

Ham & Cheese Puff
Or
Cheese & Onion Puff

Roasted New Potatoes
Peas

Jacket potato with
Cheese, baked beans, tuna

Baguettes & wraps
Salad bar

Chocolate Mousse

Daily Selection of yoghurt
& jelly

Fresh cut or whole fruit

Wednesday

Tomato Soup
Fresh homemade bread

Pasta bar with
Beef Bolognese
Or
Cheese Sauce

Garlic bread
Broccoli

Jacket potato with
Cheese, baked beans,
tuna

Baguettes & wraps
Salad bar

Artic Roll

Daily Selection of
yoghurt & jelly
Fresh cut or whole fruit

Thursday

Broccoli & Stilton
Fresh homemade bread

Southern Fried Chicken
Pieces
Or
Vegetable Frittata

Baked Potato Wedges
Corn on the Cob

Jacket potato with
Cheese, baked beans,
tuna

Baguettes & wraps
Salad bar

Peach Crumble & Cream

Daily Selection of
yoghurt & jelly
Fresh cut or whole fruit

Friday

Courgette Soup
Fresh homemade bread

Build you own burger bar
Meat & veggie burgers

French fries
Burger Relish
Peas
Baked Beans

Jacket potato with
Cheese, tuna

Baguettes & wraps
Salad bar

Iced Sponge with
Sprinkles

Daily Selection of
yoghurt & jelly
Fresh cut or whole fruit

Allergy information available on request

